

CATCH- School Physical Activity and Nutrition (SPAN) Project

63. Did you do Marathon Kids this year?

- Yes
- No
- No, I've never heard of Marathon Kids.
- I don't know.

64. This year, did you complete the Marathon Kids Mileage Log by walking or running 26 miles?

- Yes
- No
- I didn't do Marathon Kids this year.

65. This year, did you complete the Marathon Kids Fuel Log by eating 5 fruits and vegetables a day for 26 days for one month?

- Yes
- No
- I didn't do Marathon Kids this year.

66. This year, did you go to the Marathon Kids:

a. Kick Off Celebration in October?

- Yes
- No

b. Final Mile Medal Celebration in February?

- Yes
- No

67. How much do you like Marathon Kids?

- A lot
- A little
- Not very much
- I don't know. I've never done Marathon Kids

68. Do you want to do Marathon Kids next year?

- Yes
- No
- I don't know

69. I usually walk or ride my bike **to** school.

- Always or Almost Always
- Some of the time
- Never or almost never

70. I usually walk or ride my bike **from** school.

- Always or Almost Always
- Some of the time
- Never or almost never

71. This year, did you receive postcards about healthy eating and physical activity (exercise) from your classroom teacher?

- Yes
- No

72. How many postcards did you receive?

- None
- 1-5
- 6-8
- 9-10

73. My family put the postcards on the refrigerator.

- Never
- Some of the Time
- Always
- I didn't get any postcards

74. My family talked about the postcards.

- Never
- Some of the Time
- Always
- I didn't get any postcards

75. My family did activities because of the postcards.

- Never
- Some of the Time
- Always
- I didn't get any postcards

76. I liked the postcards.

- Agree
- In between
- Disagree
- I didn't get any postcards

77. During this past month, how often did you hear health messages in your school's morning announcements? For example, messages on exercise, healthy eating, or other health habits.

- Every day or almost every day
- 1 or 2 times a week.
- 1 or 2 times in the past month
- Never

78. During this past month, where did you see posters or signs about physical activity (exercise) or eating healthy in the following areas of your school?

- | | | |
|--------------|------------------------------|-----------------------------|
| a. Classroom | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| b. Hallway | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| c. Gym | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| d. Cafeteria | <input type="checkbox"/> Yes | <input type="checkbox"/> No |

For office use only:

Survey ID: _____

Date of Administration: ____/____/____

School ID: 227 9__ 1__